



Hyde Park Harriers Open Committee Meeting

Thursday 1st November 2018

Committee Members present: Kay Jefferies, Dan Waas, Richard Edwards, Phil Goose, Rebecca Gray, Clare Evans, Nicola Forwood, Amy Young

Apologies: Clare Mason and Karen Wilcock

The meeting opened at 7:40pm

1. Welcome

Kay opened the meeting by welcoming everyone. For the benefit of new members the committee members present introduce themselves and what they are currently looking after .

KJ also let members know that Karen Wilcock has decided to stand down as a committee member at this stage. KW has been on the committee for a few years and over this time has done a lot of work for the club on the Summer Mile, bringing in volunteers for Run For All, organising Leaders Vests and encouraging new runners. KJ thanked KW for all her hard work.

Kay also informed members that she has decided to stand down as Chair at the end of her current term 31st May 2019 .

KJ reminded attendees that you don't have to be on the committee to have an official role, if you want to get involved, please let us know.

2. Membership

Currently at 232 first-claim and 20 second-claim (1 junior). We needed to be at 250 to get the extra London ballot place so we will have 2 places.

TT asked if juniors could join second claim in order to run at Peco. PG answered, saying Peco allow juniors to run if they are with a responsible adult who has a link to that club so they wouldn't necessarily need to join the club.

3. Finance

DW presented a breakdown of the income and expenditure for 2018/19. A few key income methods include Summer Mile (£539, increase despite no cash sponsorship), Forge Frolic (£364) and volunteering (£560). TT asked for volunteers for Holly Hustle for 10th November, each volunteer will bring in £20 to the club (7 would pay for a LirF course for example).

Vests have been a higher expenditure this year due to new stock but we have bought in bulk to reduce unit cost. We have also been able to buy some equipment due to a couple of grants. TR has obtained a locker/cupboard to put at the Edge to store the equipment in so it is accessible to everyone. We've also bought a Gazebo for Peco and split the cost with the triathlon section of the club.

It is likely we will have a deficit for the year of around £1,200, which will leave us with £1,300 in the account. It was proposed we will keep members fees for 2019/20 as the EA fee is remaining the same and we increased it last year.

DW presented a breakdown of what our £25 members fee (based on members renewing before 1st April 2019) is spent on. 60% goes straight back out to EA, 15% has been spent on coaching this year, therefore leaving 25% to spend on things such as meeting venues, awards night, equipment and general admin.

We are likely to have Peco regularly going forward due to the numbers and sharing between clubs. PG confirmed we will still get the money despite the entries being online as the money will just go in a pot to be split between the clubs. RG suggested we could also do another Forge Frolic event but she would be unlikely to lead.

4. Training

The committee recently sent round a survey to members to gain feedback and see if we were still offering the right package. We received about 100 responses with the main headlines:

- Generally, people are happy with what we offer
- Most people attend 3 or 4 Tuesdays, with first Tuesday being less well attended (although Hills are well attended)
- Run and Talk is a good introduction to HPH
- Quite a few fed back asking about track and fell sessions, so we can look at whether we can offer these
- 66% don't warm up before HPH session
- Most members of the leaders group are now LirF qualified or booked on a course
- When we started first Tuesday, the idea was to bring everyone from the club together. This is no longer feasible due to having 230 members so it might be that this is revised.

KJ also asked if members can provide ICE details when coming to a HPH session, either through a phone app, parkrun barcode or ICE bracelet.

5. Run and Talk

LR spoke on behalf of the “Mental Health Champions”, explaining that the Runandtalk movement was set up by England Athletics and recognises the importance of running to mental health (as well as physical health). HPH currently has 4 Mental Health Champions (Aron Fulton, Lucy Rider, Andy Judd and Sara Scholes) but are always open to further offers.

Since beginning, the popularity has increased and the biggest group has been 54 people, which obviously provides a few challenges around getting enough leaders/backmarkers. Going forward, they would like to offer a “Run Buddy” system for newer runners. A large group of 54 can also cause problems for someone with social anxiety.

As part of the recent survey, we asked whether this should be moved to a different night as we weren't sure if part of the large numbers was due to people not fancying the hills or intervals or just wanting a social run. By moving it to a different night, it may also mean we get more leaders who may otherwise go to the hills or interval session. R&T are still working through this so no change at this stage.

CB fed back that he had received feedback from others about paces and whether this should be offered as part of the session. AF fed back that the MHC felt it was more important to avoid pace orientation and make it different from a regular Tuesday night to allow the focus to be on mental health.

6. Championships

Responses for this survey have been a bit lower so the deadline has been extended in order to allow us to gain more feedback. Key headlines so far:

- Club competitor was set up and designed to encourage people to come to the designated races, regardless of the pace. Does this provide people with their only chance to win a title/
- Cost and amount of races are initially the most important factors (57% have said keep it as 6 from 10)
- Championships are not for everyone
- Do we need a push on the fell championships? Does this tie in with the lack of specific session currently on offer?
- Age-grading – we could look at running a parallel competition. Could lead to a combined competition, as some of our faster runners are currently in Division 1 or 2. DD was asked to send some more information to the club email about this proposal. Both DD and TT raised the point that sometimes the people they are racing/at a similar pace to them in the race are not necessarily in their division and therefore the divisions might not be a true reflection.

- The league system was designed to reward loyalty to the club and to allow people to work their way up the tables? Should we therefore just put someone in the Premier Division based solely on pace?

TT asked if we can do a club runner of the month to help feature achievements.

RE also let members know that we have taken the Northern XC out of the Club Competitor. This is due to Northern Athletics charging a levy of £2 per member (roughly £460 based on current membership). HPH have usually only had 10 members take part so the committee did not feel this was a good use of club funds. People can also not enter as second claim of another club who have paid this fee. Northern Athletics have said that 60% of members have paid this fee but this only equates to 37% of clubs so we are not the only club affected by this.

The National XC is still in for 23rd Feb, which is at Harewood House.

7. Social Media

User policy was shared at the meeting, members were invited to feedback with comments. . This has been written to tie into the club ethos. Further comments can be emailed to the committee

TA reminded us about GDPR and that we need to be careful what details are being posted in groups and shared on Facebook (including photos). It was discussed that when taking photos (normally at the end of Thursday session), we could mention where it is going and if people don't want to be in it, that's fine. We have updated our membership form and email for to comply with the with an opt-in policy.

8. Triathlon

This section of the club was started roughly a year ago and we now have 38 members, 2 coaches and about 30 different people have attended the swim sessions. They have also offered group rides, Brownlee session takeovers and a Strength & Conditioning session. All sessions are open to everyone, not just tri members.

Highlights from the first year:

- Lots of people have done their first ever multi-sport event or triathlon
- Two Go-Tri events
- Various local sportives and triathlons have been attended, with distances ranging from Sprint to Half-Ironman

- Just launched our new HPH Tri-kit

Next year:

- Looking at putting together a calendar/championship of events
- Keen to put on extra sessions and make bike sessions more regular
- Also looking at offering more coaching

Our GoTri has been nominated for an upcoming award.

9. Social

Events done this year include Calderdale Way Relay, Run & brunch, Parkrun day, Forge Frolic, Leeds Country Way, Budapest trip and Phil Hammond's 200th Marathon Quiz (which raised £163 for the Veteran's Charity).

Upcoming events include Abbey Dash drinks (now passed), Xmas party, Crazy golf, Awards do and perhaps York Races or a BBQ in the summer. The proposed club trip next year is Palma, which is the weekend of 13th October (doesn't clash with Yorkshire marathon).

RG reminded people that she is always looking for ideas and people to organise events.

10. AOB

TT – Peco on 25/11, still need more volunteers and marshalls (due to bike park now crossing route)

Peco 5 has now been moved to 10th Feb so it doesn't clash with Dewsbury 10 AF is putting together some teams for Endure 24 – an event is on Facebook, if interested get in touch.

11. London Marathon draw

Last year, it was thought we would have 3 places which were awarded to Rick Pullan (for his 60th birthday), Lorraine Beavis (who due to injury, deferred to the 2019 event) and Farhad Hamad. However, we later found out that due to the London Marathon changing the requirements, we would only have 2 places available. Farhad was happy to "donate" his place to allow Rick and Lorraine to run so he has therefore been allocated one of the club places for 2019.

There was therefore only one place to be awarded and the name drawn out was **Heather Fulton**.

**Kay Thanked everyone for attending and contributing to the meeting .
The meeting was closed at 9pm**

Attendees

Trevor Raddings

Meghan Bentley

Tom Thomas

Matt Gray

Steve Milne

Phil Hammond

Clare Evans

Amy Young

Naomi Kellett

Tilly Rhodes

Emma Brown

Jack Rose

Curtis Broadhead

Paul Dickens

Toby Adkins

Naomi Adkins

Russell Webster

Steve Rhodes

Richard Edwards

Roberta Jordan

Nicola Forwood

Chris Hassall

Kay Jefferies

Dan Waas

George Anderson

John Blatherwick

Aron Fulton

Heather Fulton

Lucy Rider